

## What are the signs and symptoms of colon polyps?

Most people with colon polyps do not have symptoms. However, some people do have signs and symptoms, such as

- bleeding from the rectum. You might notice blood on your underwear or on toilet paper after you've had a bowel movement.
- blood in your stool. Blood can make stool look black, or blood can show up as red streaks in your stool.
- feeling tired because you have **anemia**—fewer red blood cells than normal—and a lack of iron in your body. Bleeding from colon polyps can lead to anemia and a lack of iron.

Many other problems can cause these signs and symptoms. If you have any of these signs or symptoms, see your doctor. If you have bleeding from the rectum or blood in your stool, you should contact your doctor right away.